

Making the Connection: START in Virginia

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U.S. Department of Justice (DOJ) Investigation

- **2008:** DOJ started investigating Central Virginia Training Center (CVTC) pursuant to the Civil Rights of Institutionalized Persons Act (CRIPA).
- **2010:** DOJ expanded to cover all five training centers and community-based services, Virginia's compliance with the Americans with Disabilities Act (ADA) and the U.S. Supreme Court *Olmstead* ruling.

February 2011 DOJ Findings

Finding 1 Virginia does not provide services in the most integrated and appropriate setting



Finding 2 Virginia is not developing a sufficient quantity of community services



Finding 3 Virginia has a flawed discharge process at training centers

Reaching a Settlement Agreement

- **March 2011:** Virginia began negotiations with DOJ to reach a settlement to avoid a costly and lengthy legal battle.

Virginia's primary goals: 1) To ensure the agreement results in the best possible outcomes for Virginians with ID and DD, and 2) To ensure the agreement is fiscally responsible.

- **January 26, 2012:** Virginia and DOJ reached a 10 year settlement agreement that was court-approved on August 23, 2012.

Target Population

Individuals with ID/DD who meet any of the following:

- Currently reside at any of the training centers;
- Meet the criteria for the Intellectual Disability (ID) waiver or Developmental Disability (DD) waiver wait lists; or,
- Currently reside in a nursing home or Intermediate Care Facility (ICF).

Four Main Areas of Settlement Agreement

Serving individuals with DD in the most integrated setting and building quality community-based alternatives for individuals, particularly individuals with complex needs

Quality and risk management system, including monitoring and evaluating services, and implementing quality improvement processes at an individual, provider, and state-wide level

Transitions from training centers

Supporting independent housing and employment options for individuals with DD

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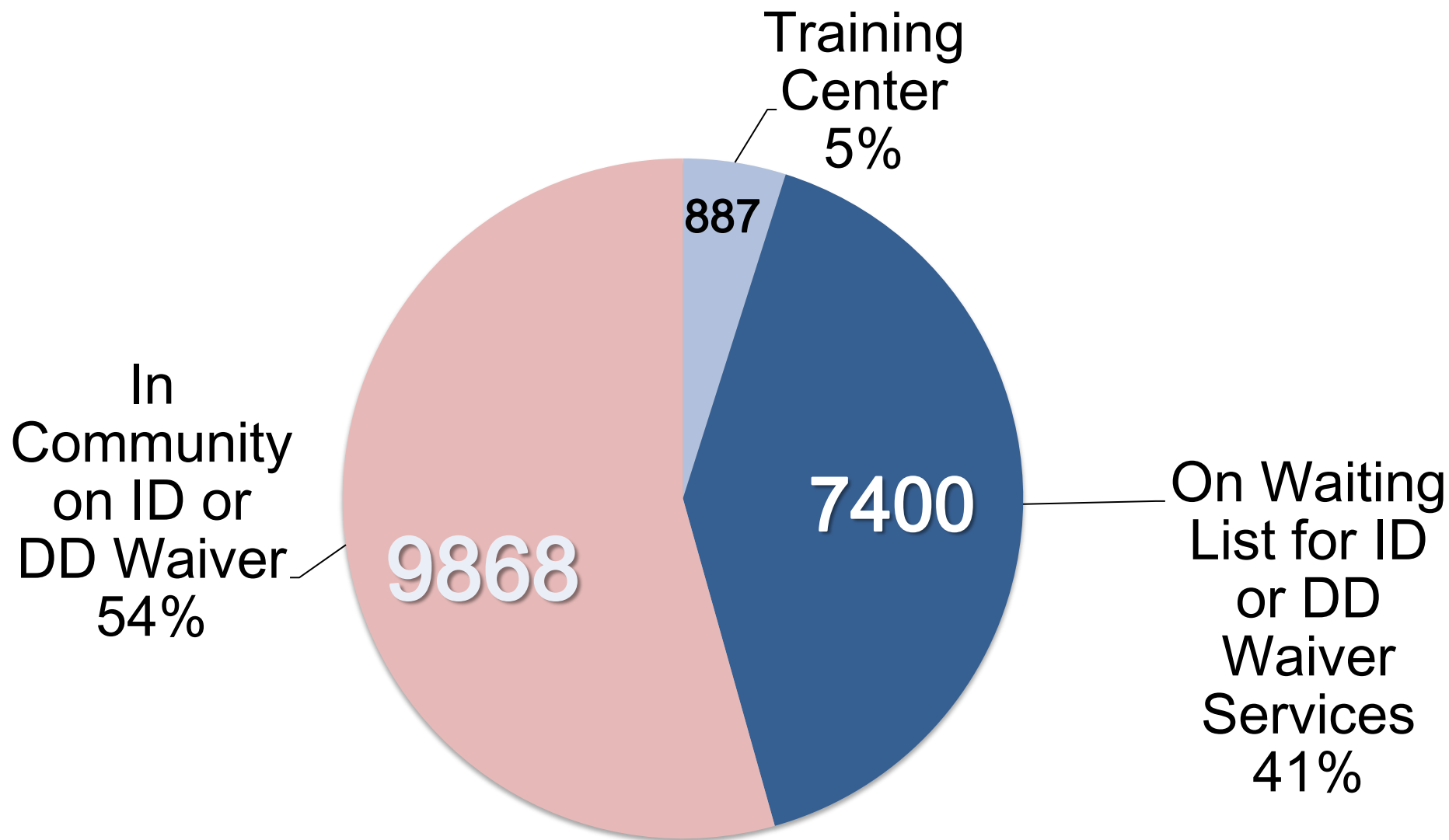
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Individuals Served By Virginia's Developmental Disability System



DOJ-Required Medicaid Waiver Slots

Virginia will create 4,170 waiver slots by June 30, 2021:

State Fiscal Year	Individuals in Training Centers to Transition to the Community	ID Waiver Slots for Individuals on Urgent Wait List	DD Waiver Slots for Individuals on Wait List
2012 ¹	60	275	150
2013	160	225*	25**
2014	160	225*	25**
2015	90	250*	25**
2016	85	275	25
2017	90	300	25
2018	90	325	25
2019	35	325	25
2020	35	355	50
2021	0	360	75
Total	805	2915	450

1. These FY2012 slots have already been funded and assigned to individuals.

*25 slots each year are prioritized for individuals less than 22 years who reside in nursing homes or large ICFs.

**15 slots each year are prioritized for individuals less than 22 years who reside in homes or large ICFs.

DOJ Requirement for Discharge Planning from Training Centers

- A consistent discharge process was developed for all training centers in 2011.
- Discharge plans are in place for all individuals residing at training centers and pre- and post-move monitoring process in place.

101	Individuals transitioned to the community in FY 2012
109	Individuals transitioned so far in FY 2013 (7/1/12 – 5/1/13)
313	Families currently actively discussing discharge

Virginia's Five Training Centers

May 1, 2013

Name	2000 Census	2005 Census	2010 Census	Current Census	Percent Decrease
Southside (SVTC) Closure date: 2014	465	371	267	144	69%
Northern (NVTC) Closure date: 2015	189	182	170	139	26%
Southwestern (SWVTC) Closure date: 2018	218	214	192	159	27%
Central (CVTC) Closure date: 2020	679	564	426	309	55%
Southeastern (SEVTC) Remains open at 75 beds	194	192	143	88	55%
TOTAL	1,745	1,523	1,198	839	52%

Types of Community Homes Chosen July 1, 2012 – May 1, 2013

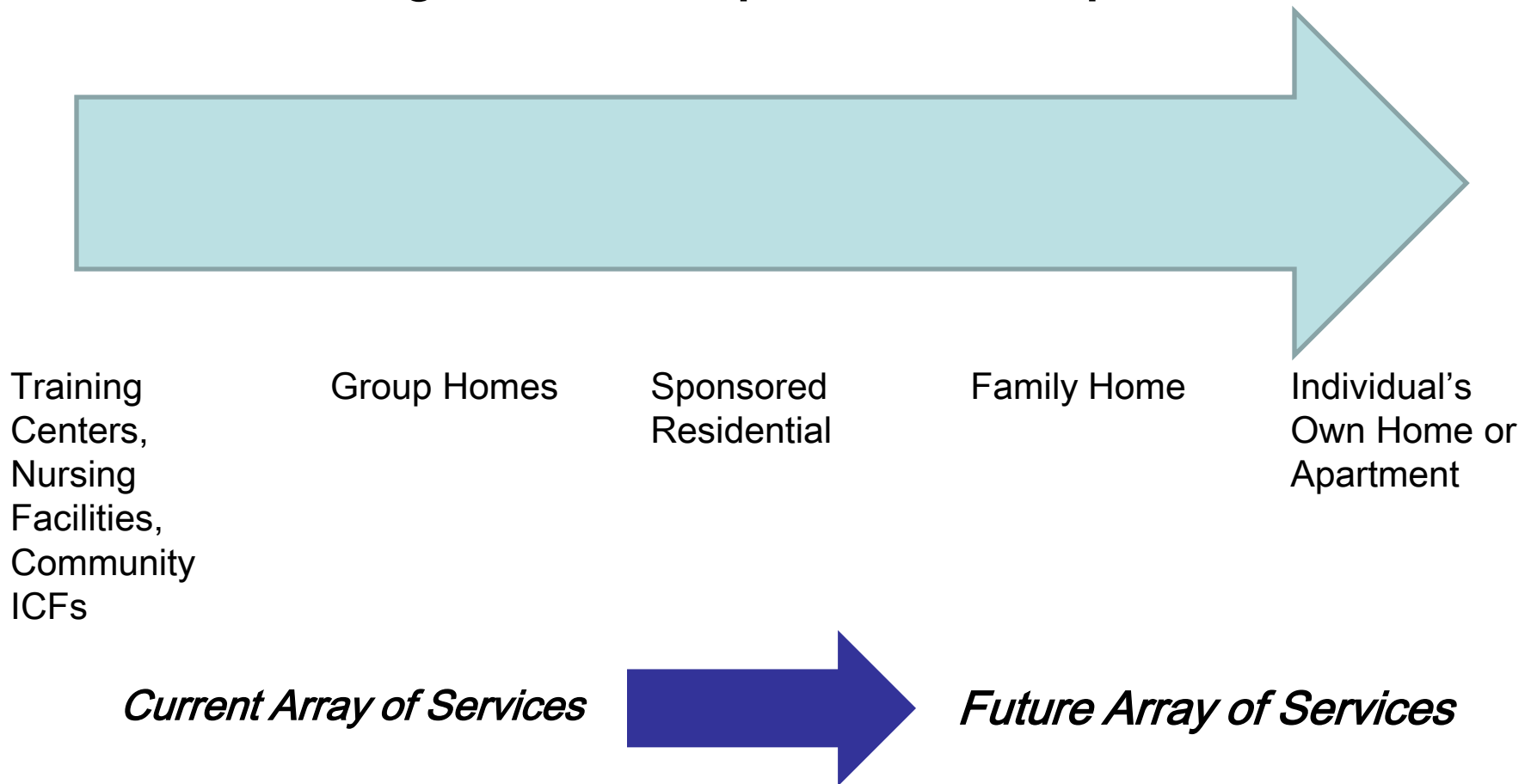
Training Center	Group Home	Sponsored Residential	Intermediate Care Facility	Nursing Facility	Returned to TC	Family Home
CVTC	7	5	8	0	0	1
NVTC	8	1	1	0	0	0
SEVTC	3	0	12	1	0	0
SVTC	43	1	0	6	1	0
SWVTC	1	10	0	0	0	1
TOTAL	62	17	21	7	1	2

Other Elements

- Employment First
- Independent Housing Options
- Case Management
- Expanding Human Rights and Licensing Oversight
- Data Collection and Analysis

Shifting the Array of Services

More Integration and Options for Independence



How Did We Get to START?

- History and Funding
- Settlement Agreement requirements built on initial foundations:
 - Regional focus
 - Crisis Prevention
 - Maintaining individuals in their own home
 - 24/7 response

Today & the Future

- Build on our success:
 - Over 450 individuals receiving support
 - Crisis respite homes
 - Linkages
 - Training